

It's Good to Be You™

Women's Health



Slim-Down Special

FLAT SEXY

Age-Proof Your Skin 8 Easy Tricks

Pink

The workout that boosted her confidence and sculpted *this* hot body!

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Take Off With This

Eat Lose How to A

Mak Sex 15 Score Moves t

Will Inhe Mot Body?

Life Skills

Host a Green Gathering

Be a more eco-conscious entertainer with these stylish and sustainable finds.

2/ GOOD SPIRITS

Not only is **Square One organic vodka** made from pesticide-free American rye and minimally processed, but the sleek bottles are meant to be reused as vases once they're empty. Mix up some conscientious cocktails with the original vodka or the cucumber-flavored version. \$34, squareonevodka.com for buying info



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each cork
splits in the
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names.

> Ditch the Dishwashing
At worldcentric.org, you can find disposable dishes made from sugarcane fiber (called bagasse) and utensils that are made from biodegradable plastic.

OUR TEST EAR ARTS HERE!



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